Message from the Office

Totally Wild
Totally Wild story "Great Koala Count" will be going to air on Saturday 22nd March 2014 at 8:00am on channel Eleven.

Naplan
If parents wish for their child to be exempted, you need to speak to the school ASAP.

Future Schools Conference
The conference in Sydney was inspiring, with the major theme of ‘Creating your vision for the future school.’
Themes explored were -
- How to inspire creativity and enable new age fluencies
- Integrating technology and collaboration into the school environment
- Agile schools: creating agility in space and culture to allow for constant change.
As technology is rapidly developing, this is a time of great change in education, as we move our teaching styles and classrooms into the 21st century. Our students of today will be working in fields that at this stage do not even exist; educators must ask themselves how I prepare my students for a constantly changing world.

Brisbane Excursion
Next week the Year 3-6 will be going to Brisbane on Friday. Could the parents of the students staying overnight please pay before the excursion, that is by Wednesday 26th March. The cost is $100 for overnight accommodation, food and entrance. We are staying at Hillcrest Apartments. We plan to leave by 8.00am and will be back after lunch. We will text when we leave Brisbane on the Saturday.

Northern Star I-Pad competition
If parents get the Northern Star could you please save the I-pad coupons for the school?

Dates to Remember

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<th>2014 Term 1</th>
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<td>Week 8</td>
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<td>Tue 25th Mar</td>
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<th>2014 Term 2</th>
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<td>Week 1</td>
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<td>Mon 28th Apr</td>
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COLOURSS Social
There will be a social at Wiagaree on the 25th March 2014 starting at 6pm. This social is for children K-6 only. The theme is Hero’s.

Anzac Day
The school is seeking expressions of interest for those that are interested in marching in the Anzac Day march at Kyogle during the holidays. If we have enough interested students we will make the decision to march. This needs to be returned so that we can make a decision as a school and let parents know. We would have to assemble for the march by 10.15am and the march will start at 10.30am. For anyone interested the dawn service is at 5.30am.
P&C (Parent & Citizen Association)
Lunch (roughly 11-1pm - lunch is at 11.30am), or send something in to school (that can be easily heated up by Lyn, that can be served in a paper bag or napkin (to avoid washing up duties if possible!) If Fridays are no good for you, please elect an alternative day in one of the "empty" weeks and return your preference to school ASAP.
Just let Lyn know which day suits you and what you would like to provide.
Due to work commitments we do not have anyone to do lunch on Friday at this time.

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<tr>
<th>Date</th>
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<td>21/3/14</td>
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<tr>
<td>4/4/14</td>
<td>Min - Hotdogs</td>
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FACT SHEET

Select healthier snacks

It is important to offer your child healthy snacks. Children need to eat between meals as they have small stomachs and need small amounts of food more often than adults.

Choose snacks based on:
- fruit
- vegetables
- reduced fat (not skim) milk, cheese, custard and yoghurt
- high fibre or whole grains: breads, crackers and cereals

Tips to make healthy snacks easy
- Keep healthy snacks in the fridge and pantry.
- Put healthy snacks in your child's lunch box.
- Have fresh fruit in a bowl on the kitchen bench.
- Have meals and snacks at the same time each day.

Easy and healthy snack ideas include:
- fresh, frozen, canned or dried fruit
- reduced fat fruit yoghurt
- rice paper rolls
- hummus with pita bread
- small serves of fruit muffins
- cooked noodles with tofu and vegetables
- reduced fat custard
- corn or rice cakes
- sushi

Tips to encourage healthier snacks
- Set limits on the number of unhealthy snacks allowed and explain that these snacks are treats and not everyday foods.
- Offer a range of healthy foods so your child can choose what they want.
- Don't keep unhealthy snack foods in the house.
- Choose healthy snacks yourself. It will help your child eat healthy snacks!

NSW, Department of Education and Community | Collins Creek Public School

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Junior Soccer training commences on Thursday 20th March. For ages 5 to 10 it will be held at Don Gully commencing at 4pm. For the 13 Girls and 14’s mixed team it will be at the High School field commencing at 4.30pm. Any enquiries please contact Glenn Rose on 0418264968

Kyogle Swimming Club
Our final night of pointscores for the season will be held this Friday, 21st not 28th March. It will be a sprint night with games and free sausage sizzle to follow. Championship carnival (for all members) will be on Sunday 23rd of March, starting at 1.30pm. Nominations for this carnival can be made as soon as possible to Sharon on 66322438 or Peter on 66331335. Our Presentation afternoon and Annual General Meeting will be held at St Brigids Hall on Sunday 6th April at 2pm, some hot food will be provided but kindly ask if everyone could bring a plate to share.